

## Across the Divide: Listening worksheet

1. What is one thing you already know you should do to have a successful conversation if you are going to have a conversation with someone on the “other side” – someone that you know will disagree with you?

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2. Complete these sentence stems:

- a. Active listening is not \_\_\_\_\_
- b. Active listening is \_\_\_\_\_

3. Common listening mistakes

- a. #1 \_\_\_\_\_
- \_\_\_\_\_
- b. #2 \_\_\_\_\_
- \_\_\_\_\_

4. No one can read another person’s mind. People can only hear what you actually tell them. That’s why it’s critical to say what you believe and to allow others to do the same. That’s why it’s also essential that you learn how to make someone feel you are really listening to them and understanding them with

- a. Empathy (def) \_\_\_\_\_
- \_\_\_\_\_
- b. Acceptance (def.) \_\_\_\_\_
- \_\_\_\_\_

5. Rights and Responsibilities

- a. Rights (def) \_\_\_\_\_

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b. Responsibilities (def) \_\_\_\_\_

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What is one thing you will make a commitment to try because of today's lesson?

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